



## How to attend an Online Recovery Community Meeting

If you want to access a meeting by either Smartphone or Tablet, you need to download an app called **Google Meet** which is free of charge. The link to the app is below....

Apple: <https://apps.apple.com/us/app/hangouts-meet-by-google/id1013231476>

Android:

[https://play.google.com/store/apps/details?id=com.google.android.apps.meetings&hl=en\\_GB](https://play.google.com/store/apps/details?id=com.google.android.apps.meetings&hl=en_GB)

The App looks like this :



There will be 2 Recovery Meetings every day per sector.  
Each sector has their own meeting code:

### North West Recovery Meeting -

To join the video meeting, click this link: <https://meet.google.com/mud-kcyp-wbs>

Otherwise, to join by phone, dial +44 20 3937 3501 and enter this PIN: 603 552 458#

Or enter code **mud-kcyp-wbs** on the app

### North East Recovery Meeting -

To join the video meeting, click this link: <https://meet.google.com/asg-digz-uuo>

Otherwise, to join by phone, dial +44 20 3956 0729 and enter this PIN: 660 838 593#

Or enter code **asg-digz-uuo** on the app

### South Recovery Meeting –

To join the video meeting, click this link: <https://meet.google.com/wzw-qnjn-dim>

Otherwise, to join by phone, dial +44 20 3956 8116 and enter this PIN: 472 748 753#

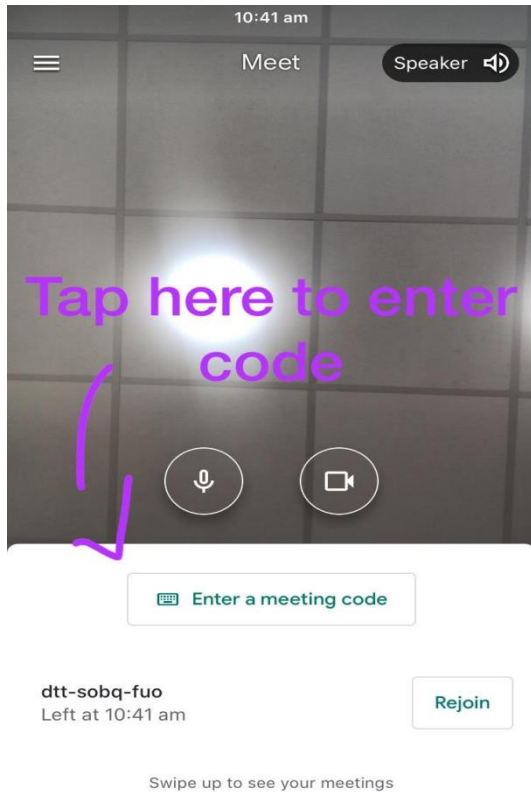
Or enter code **wzw-qnjn-dum** on the app

**These will be held at 10am and 2pm daily Mon-Fri.**

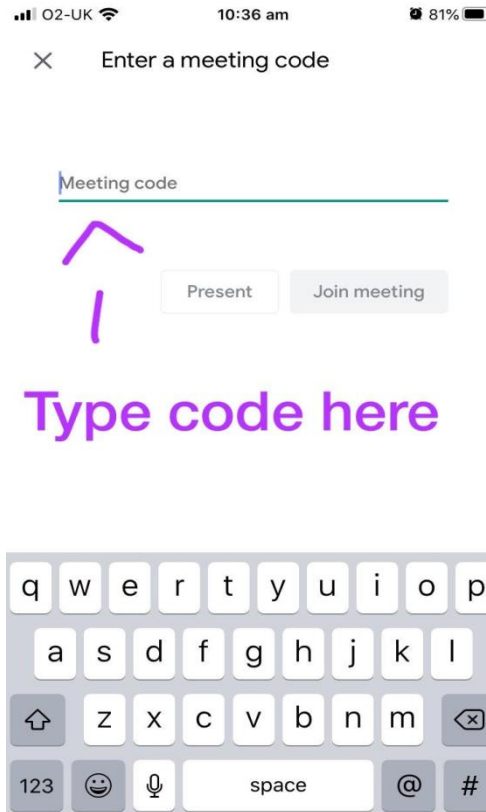
**If you have any issues gaining access please call Amy on 07590440861 or Tracy on 07970001028**

Please see below a step by step guide to joining these meetings

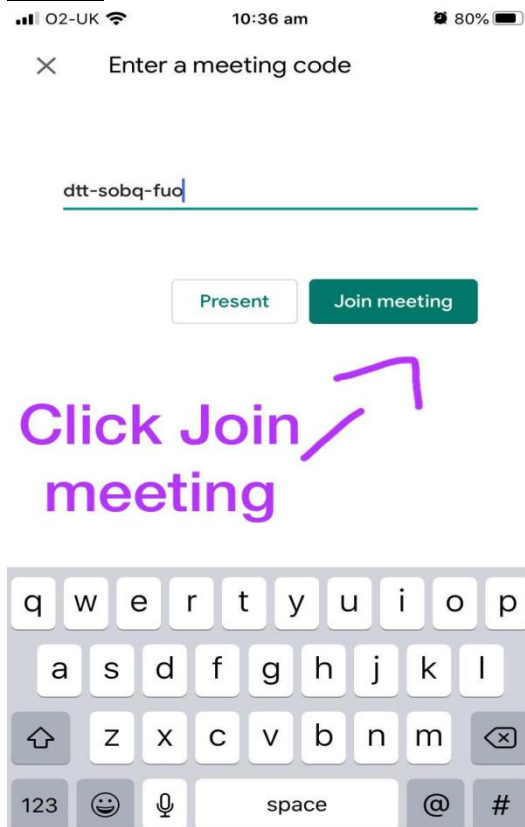
### Step 1



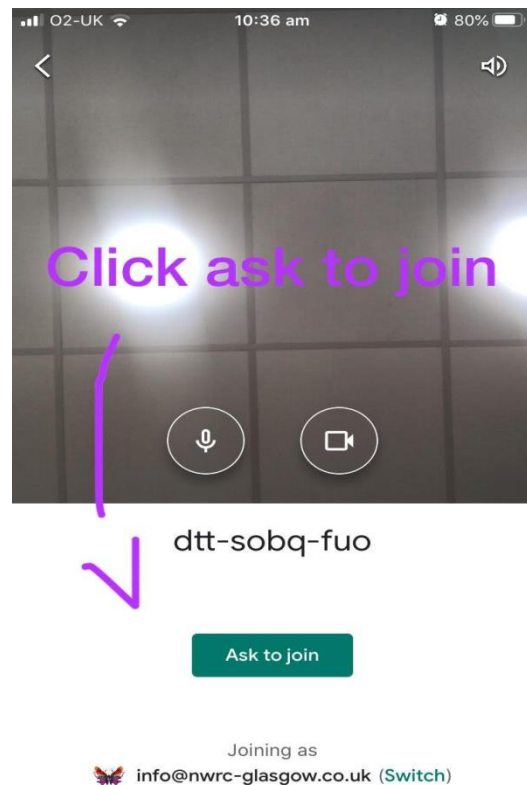
### Step 2



### Step 3



### Step 4



### Step 5



Tap this icon to turn off mic

### Step 6



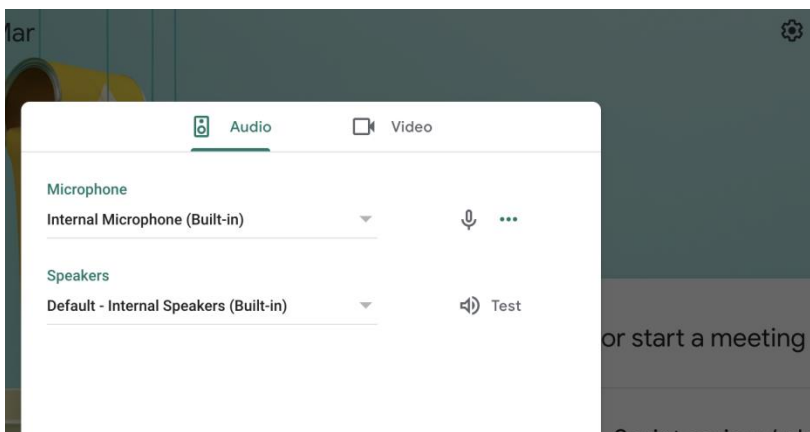
Tap here and here to type messages in convo

Send a message to everyone here

### Laptop/Computer Access

Having a speaker or a headset/headphones will enable you to hear what the facilitator and others are saying in the meeting.

Click the cog on the top right, which will give you the options to check your device for audio and video capabilities.



If you can hear, but do not have a microphone, you can still participate using text.